

## WHO IS LIKELY TO BENEFIT FROM HOME BASED PRIMARY CARE SERVICES?

The Home Based Primary Care program, also known as HBPC, is health care services provided to Veterans in their home. A VA physician supervises the health care team who provides the services. Home Based Primary Care is for Veterans who have complex health care needs for whom routine clinic-based care is not effective.

The program is for Veterans who need comprehensive, interdisciplinary, primary care in their homes. HBPC serves veterans who face challenges such as disability, aging, and chronic disease by providing focused care that is cost effective. Primary care services to be provided in the home include: coordinating home health services, palliative care, rehabilitation, disease management, caregiver assistance, and case management.

Since Home Based Primary Care is part of the VHA Standard Medical Benefits Package, all enrolled Veterans are eligible IF they meet the clinical need for the service and it is available.

Your VA primary care provider can answer questions about your medical needs and whether or not you may be eligible for Home Based Primary Care and availability in your area.

A copay for Home Based Primary Care may be charged based on your VA service-connected disability status and financial information. You may have a basic copay each time a VA staff team member comes to your home for a medical visit (the same as if you went to a VA clinic). Contact your VA social worker/case manager to complete the Application for Extended Care Benefits (VA Form 10-10EC) to learn the amount of your copay, if any.

**“Alone we can do so little;  
together we can do so much.”**  
**Helen Keller**

Raising awareness of resources, such as the Veterans Crisis line, is something everyone can do to show support for our Nation's Veterans and their families.



..... Confidential chat at [VeteransCrisisLine.net](http://VeteransCrisisLine.net) .....

## Home Based Primary Care (HBPC)



*We Bring Interdisciplinary  
Primary Care Services to  
our Veterans' Doors*

## GOALS

The HBPC interdisciplinary team members partner with Veterans and families to:

- Maximize Veterans' emotional and physical health
- Maintain Veterans' safety and independence for as long as possible
- Improve Veterans' and their caregivers' quality of life

## MODEL OF CARE

HBPC teams provide patient-centered, collaborative care to address physical, emotional, behavioral, cognitive, and interpersonal aspects of well-being.

In HBPC, Veterans and their caregivers are empowered to be active and engaged collaborators in healthcare. The Veterans and their caregivers work with the team to develop treatment plans that reflect patient and family values and goals of care.

The HBPC team works with Veterans and their families to create a safe and trusting atmosphere in the home so patients feel comfortable learning how to manage their own health care needs to the best of their ability.

The HBPC program cares for Veterans who require an interdisciplinary team approach to maintain the highest level of independence and quality of life at home.

## POPULATION SERVED BY HBPC

HBPC cares for patients with chronic, complex medical conditions, particularly those at high risk of hospitalization, nursing home, or recurrent emergency room visit care.

Typical patients in HBPC include :

- Patients who require palliative care for an advanced disease that is life limiting
- Patients who have mobility and functional limitations
- Patients who need a comprehensive, consistent approach to coordinate and effectively manage long-term chronic health care needs
- Patients who have a difficult time or who cannot cope with VA clinic environment due to cognitive, physical, or psychiatric impairment
- Patients who often experience repeat hospitalizations, emergency room or unscheduled urgent clinic care visits

## HBPC INTERDISCIPLINARY TEAM

When the HBPC team members agree that a Veteran could benefit from home based primary care services, the HBPC Nurse conducts a home visit. Upon admission the HBPC team may involve family members and caregivers as needed to best meet the needs of the Veteran.

Team members include:

- Primary Care Provider
- Registered Nurse
- Social Worker
- Dietician
- Occupational Therapist
- Pharmacist
- Psychologist\*
- Chaplain\*

HBPC team members will be making home visits on a regular basis. All visits are scheduled on mutually agreeable days and times.

\*Some of the interdisciplinary team members are available upon your request . Needs may be addressed via phone consultation with you or your caregivers and family members.